

Day 1- Wednesday, Nov. 13		Session 1	CME Credit
7:15 AM-7:30 AM	Welcome and Overview -Ecler Jaqua, MD, MBA, FAAFP, FACLM		
7:30 AM-8:00 AM	Introduction of Lifestyle Medicine - Ecler Jaqua, MD, MBA, FAAFP, FACLM		0.5
8:00 AM-9:00 AM	Obesity and Lifestyle Medicine Workshop - Brenda Rea, MD, DrPH, PT, RDN, DipABLM, FACLM		1.0
9:00 AM-9:30 AM	Lifestyle Medicine Approach for Prevention and Management of Type 2 Diabetes - Christina Wells, MD, MPH, MBA, FAAFP, DipABLM		0.5
9:30 AM-9:45 AM	Q&A 1		0.25
9:45 AM-10:00 AM	Break		
10:00 AM-10:30 AM	Delirium & Depression: Cognitive Screening Tool Comparison - Ecler Jaqua, MD, MBA, FAAFP, FACLM		0.5
10:30 AM-11:00 AM	Managing Pain in Patients with Addiction: What am I To Do? - Lee Radosh, MD, FAAFP, FASAM		0.5
11:00 AM-11:30 AM	ACIP Update - David Glenn Weismiller, MD, ScM, FAAFP		0.5
11:30 AM-11:45 AM	Q&A 2		0.25
11:45 AM	Session Adjourns		

Day 1- Wednesday, Nov. 13		Session 2	CME Credit
12:30 PM-12:45 PM	Welcome and Overview -Ecler Jaqua, MD, MBA, FAAFP, FACLM		
12:45 PM-1:15 PM	GERD Update - Justin M. Bailey MD, FAAFP		0.5
1:15 PM-1:45 PM	Dysrhythmias - David T. Walsworth, MD, FAAFP		0.5
1:45 PM-2:15 PM	Atrial Fibrillatio - The Regular Irregularity - Brian T. Shahan, MD, FAAFP, DFPHM		0.5
2:15 PM-2:45 PM	Hypertension: When the Going Get Tough, the Tough Get Going - David T. Walsworth, MD, FAAFP		0.5
2:45 PM-3:00 PM	Q&A 3		0.25
3:00 PM-3:15 PM	Break		
3:15 PM-3:45 PM	USPSTF, EBM Updates, and Game Changers - Kate Rowland, MD, MS		0.5
3:45 PM-4:15 PM	A Midlife Crisis (of Data): Hormonal Management of Menopause in Cis- and Trans- Women - Julia L. McDonald, DO, MPH		0.5
4:15 PM-4:45 PM	Gender Affirming Care - Kristi VanDerKolk, MD, FAAFP		0.5

4:45 PM-5:00 PM	Q&A 4	0.25
5:00 PM-5:15 PM	Chronic Conditions Reflection Session Day 1	0.25
5:15 PM	Session Adjourns	

Day 2- Thursday, Nov. 14		Session 3	CME Credit
7:15 AM-7:30 AM	Welcome and Overview-Ecler Jaqua, MD, MBA, FAAFP, FACLM		
7:30 AM-8:00 AM	Approach to Syncope for the Office Practitioner- Vu-Kiet Tran, MD, FCFP, MHSc, MBA		0.5
8:00 AM-8:30 AM	Nutrition Science 101 For Family Doctors- Brenda Rea, MD, DrPH, PT, RDN, DipABLM, FACLM		0.5
8:30 AM-9:00 AM	Breaking the Obesity Barrier: The Impact of GLP-1 Receptor on the Global Epidemic- Ecler Jaqua, MD, MBA, FAAFP, FACLM		0.5
9:00 AM-9:30 AM	Diabetic Kidney Disease: A Primary Care Call to Action- Jeff Unger, MD, FAAFP, FACE, DACD		0.5
9:30 AM-9:45 AM	Q&A 5		0.25
9:45 AM-10:00 AM	Break		
10:00 AM-10:30 AM	Preoperative Evaluation and Perioperative Management- Joshua Steinberg, MD		0.5
10:30 AM-11:00 AM	Common Skin Conditions in People of Color- Melanie VanDemark, MD, FAAFP		0.5
11:00 AM-11:30 AM	What Can You Still Use Aspirin For?- Joshua Steinberg, MD		0.5
11:30 AM-11:45 AM	Q&A 6		0.25
11:45 AM-12:00 PM	Session Adjourns		

Day 2- Thursday, Nov. 14		Session 4	CME Credit
12:45 PM-1:00 PM	Welcome and Overview-Ecler Jaqua, MD, MBA, FAAFP, FACLM		
1:00 PM-1:30 PM	Advanced Coding for Primary Care- Tam Nguyen, MD, FAAFP		0.5
1:30 PM-2:00 PM	Chronic Asthma Management- Nate Falk, MD, MBA, CAQSM, FAAFP		0.5
2:00 AM-2:30 PM	Anxiety Disorders in Adults- Mary Krebs, MD		0.5
2:30 PM-2:45 PM	Q&A 7		0.25

2:45 PM-3:15 PM	Break	
3:15 PM-3:45 PM	Chronic Venous Disease: Lymphedema, Venous Insufficiency and Venous Ulcers- Jean Walsh, DO, MPH	0.5
3:45 PM-4:15 PM	PAD and CAD Similarities Differences and Interventions- Mai-Linh N. Tran, MD, FAAFP, DipABLM, DipABOM, AAHIVS	0.5
4:15 PM-4:45 PM	Neuropathic Ulcers, Including Diabetic Wounds- Jean Walsh, DO, MPH	0.5
4:45 PM-5:00 PM	Q&A 8	0.25
5:00 PM	Session Adjourns	

Day 3- Friday, Nov. 15	Session 5	CME Credit
7:15 AM-7:30 AM	Welcome and Overview- David T. Walsworth, MD, FAAFP	
7:30 AM-8:00 AM	A 21st Century Approach to Understanding Lower Extremity Venous and Lymphatic Insufficiency Diagnosis and Treatment Options- Jeffery P. Schoonover, MD, RPVI, DABVLM, FAVLS	0.5
8:00 AM-8:30 AM	Cross Cultural Communication and Health Literacy- Alan M. Ehrlich MD, FAAFP	0.5
8:30 AM-9:00 AM	COPD - You're My Inspiration- Eddie Needham, MD, FAAFP	0.5
9:00 AM-9:30 AM	Dizziness and Vertigo- Alan M. Ehrlich MD, FAAFP	0.5
9:30 AM-9:45 AM	Q&A 9	0.25
9:35 AM-10:00 AM	Break	0
10:00 AM-10:30 AM	Valvular Heart Disease - Bruits, Swishes, and Thrills, Oh My!- Eddie Needham MD, FAAFP	0.5
10:30 AM-11:00 AM	Skin Cancer Exams, Treatments and Prevention in this New Era- Daniel Stulberg, MD, FAAFP	0.5
11:00 AM-11:30 AM	Heart Failure - rEF, pEF, and Breath- Eddie Needham, MD, FAAFP	0.5
11:30 AM-12:00 PM	Common Surgical Procedures You Can Do in Your Practice- Daniel Stulberg, MD, FAAFP	0.5
12:00 PM-12:15 PM	Q&A 10	0.25
12:15 PM	Session Adjourns	

Day 3- Friday, Nov. 15		Session 6: Optional Workshop <i>(separate registration and fee required)</i>	CME Credit
1:30 PM-4:30 PM	Dermoscopy: Expanding Our Scope of Care- Miranda D. Lu, MD		3.0

Day 3- Friday, Nov. 15		Session 7: Optional Workshop <i>(separate registration and fee required)</i>	CME Credit
1:30 PM-4:30 PM	Motivational Interviewing/Health Coaching- Charles Inniss, DPT, PCC, NBC-HWC		3.0

Day 4- Saturday, Nov. 16		Session 8	CME Credit
7:15 AM-7:30 AM	Welcome and Overview- David T. Walsworth, MD, FAAFP		
7:30 AM-8:00 AM	Long Covid- Jacob Anderson, DO		0.5
8:00 AM-8:30 AM	Move Your Way to Better Health: The Importance of Physical Activity- Elizabeth Polk, MD, FAAFP, DipABLM		0.5
8:30 AM-9:00 AM	The Case for Restorative Sleep. Why We Should Address and Treat our Patients Sleep Disorders- Duren Michael Ready, MD, FAHS		0.5
9:00 AM-9:30 AM	Fibromyalgia: Confronting the Controversial- Brian V. Joachims, MD, FAAFP		0.5
9:30 AM-9:45 AM	Q&A 11		0.25
9:45 AM-10:00 AM	Break		
10:00 AM-10:30 AM	ADA Update- David T. Walsworth, MD, FAAFP		0.5
10:30 AM-11:00 AM	More than Meds : Mind Body Approach to Migraine- Kathy Farah, MD, FAAFP		0.5
11:00 AM-11:30 AM	Osteoporosis: What's new in the 2023 ACP Guideline Update- David T. Walsworth, MD, FAAFP		0.5
11:30 AM-11:45 AM	Q&A 12		0.25
11:45 AM-12:00 PM	Chronic Conditions Reflection Session Day 4		0.25
12:00 PM	Session Adjourns		