



# AAFP Foundation Student Trustee 2024 Annual Report

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## AAFP Foundation Student Trustee

### **Resident**

Kelly Dougherty, MD  
Mercy FMR  
St. Louis, MO  
Class of 2025

### **Student**

Tameka Lawrence  
Ross University School of Medicine  
Bridgetown, Barbados  
Class of 2024

### Purpose & Scope of Work

The American Academy of Family Physicians (AAFP) Foundation is a non-profit organization that is the philanthropic arm to the AAFP. The Foundation's mission is to advance family medicine through philanthropy, using humanitarian, educational, and scientific programming to improve health. Its scope of work encompasses various initiatives via its signature programs aimed at enhancing the professional development of family physicians, fostering innovative research, and addressing health disparities in underserved populations. This is made possible through earnings from AAFP Insurance Services, corporate partner programs, and individual member donations. These total contributions have allowed the foundation to supply over \$2M towards initiatives that strengthen the primary care workforce and ensure that individuals have access to high-quality, comprehensive, and patient-centered healthcare.

Spotlighting integral activities, partnerships, and achievements:

### Family Medicine Leads (FM Leads)

This program focuses on the future of the Family Medicine specialty by supporting efforts to build their workforce pathway as well as developing more and better trained Family Medicine leaders through two initiatives, attending the AAFP National Conference and participating in the Family Medicine Leads Emerging Leader Institute (ELI). Dr. Dougherty and Student Doctor Lawrence earned the privilege to receive gracious amounts of learning and structure through this Institute.

- FM Leads Emerging Leader Institute (ELI): The Emerging Leader Institute is one of the flagship programs of the AAFP Foundation. This program aims to pair promising future family medicine leaders with qualified mentors to identify and carry out a year-long project in one of three leadership tracks: (1) Policy & Public Health, (2) Personal & Practice, and (3) Philanthropic & Mission-Driven. 30 new residents and medical students have now been selected and will attend the 2-day Family Medicine Leads Emerging Leader Institute. The 9 Leadership Project Award recipients from the 2022 class have had the opportunity to showcase their project work with posters during National Conference. The three Best Leadership Project Award recipients (one from each track) presented at the National Conference followed by a

## Q&A.

- FM Leads Scholarships: The AAFP National Conference has been one of the most impactful events for Family Medicine residents and students for 50 years. The AAFP Foundation recognizes not only the importance of physicians in-training to have access to National Conference but also the financial barriers that may prevent them from doing so. This year the AAFP Foundation was again able to offer 250 scholarships, including 30 scholarships for FM Leads ELI due to the generosity of our donors. In addition, the cost for registering until May 15<sup>th</sup> for \$50, in honor of our 50<sup>th</sup> year anniversary.

## Family Medicine Discovers (FMD)

- Rapid Cycle Scientific Discovery and Innovation (RapSDI) Project: This provides funding to practicing family medicine physicians for short-term innovative projects that reflect ‘real world’ solutions in the primary care setting. The goal is support for inexperienced researchers with the opportunity to contribute knowledge to the base of Family Medicine. Two new scholars have now been selected for awards of up to \$40,000 each moving the total number of FMD RapSDI scholars to eight.

## Center for the History of Family Medicine (CHFM)

The CHFM serves as the collective memory of Family Medicine by fulfilling three roles in one: historical research library, archives, and museum. The CHFM also serves as the official repository for the leading associations and organizations in the specialty, including the AAFP, ABFM, ACOFP, ADFM, AFMRD, NAPCRG, & STFM.

### 2023 Essay Contest Winners:

- Joshua Smith, M.D. is a PGY-4 with the University of Cincinnati/The Christ Hospital Family Medicine-Psychiatry in Cincinnati, Ohio. His essay, titled Family Physicians and Unintended Consequences, highlights the role of family physicians in the consequences of U.S. health policy. Dr. Smith has been awarded 1<sup>st</sup> place and \$1,000.
- Muhammad Junaid Anwar, M.D. is a PGY-2 with Texas Tech University of Health Sciences Permian Basin Family Medicine in Odessa, Texas. His essay, titled A History of the Increasing Role of Telehealth in Family Medicine provides a history of telehealth medicine and examines how it impacts family medicine practice. Dr. **Junaid** Anwar has been awarded 2<sup>nd</sup> place and \$500.
- 2024 Essay Contest Application opens August 15 through November 1.

This year we highlight the endless efforts of the Foundation’s fundraising team, a impactful member of the philanthropic arm. Ensuring scholarships, fellowships, awards, and other funding is available to students, residents, and early career attending’s, alike. In 2023, the Foundation received \$1,085,362 from 4,049 individual donors, approximately 5% of the 70,000 plus active membership. Your fellow trustee representatives invite you to participate in donating to the Foundation, who is passionate about your success while in school or residency with access to Q banks and other helpful resources from the AAFP. As well as provide opportunities locally and abroad in the field we all love and adore. Any amount of support will help you, your colleague, or a future colleague; we are the generation of change, action, and advancement.

Serving as the resident trustee and alumni of Emerging Leaders Institute, it has been amazing to see all of the ways the Foundation supports residents and students! From ELI to the number of medical student run-free clinics Family Medicine Cares supports, the AAFP Foundation is truly investing in the future of our specialty. I urge you to consider applying for one of our amazing programs to see how you can grow as a Family Physician!

Note: This report was prepared by the resident or student representative(s) listed and includes their account(s) of the business conducted during their term. This is not an official record of business proceedings from the AAFP or any other entity. To find out more about the business of the AAFP, its congresses, commissions, and current policies visit [aafp.org](http://aafp.org).