



Family Medicine Interest Group (FMIG) Program of Excellence Award Winners

Categorical Award, Excellence in Exposure to Family Medicine and Family Physicians

Medical College of Wisconsin

FMIG Operation

MCW's Family Medicine Student Association has a student executive board consisting of the following positions:

- Co-Presidents (2) – The co-presidents are responsible for holding general student meetings, board meetings, organizing the M1 student Scrub Sale at the beginning of the year, organizing a Family Medicine Meet and Greet at the beginning of the year, as well as other events, speakers, and workshops throughout the school year. The copresidents are additionally in charge of maintaining a relationship with the Wisconsin Academy of Family Physicians and fostering student engagement with their organization. The co-presidents are also responsible for promoting the Family Medicine National Conference, Family Medicine Midwest, and other local Family Medicine conferences, as well as passing along scholarship opportunities to student members. Finally, it is the responsibility of the copresidents to ensure the other board members are fulfilling their duties as outlined below.

- Volunteer and Shadowing Coordinator (1) – The volunteer and shadowing coordinator works with community organizations of their choosing (with the approval of faculty advisors) to develop and continue pre-existing volunteer activities for MCW students to participate in. They recruit medical students as volunteers to staff these opportunities.

This chair also organizes shadowing shifts within Family Medicine and keeps regular communication with the proper staff and faculty members as well as FMSA students. This chair additionally handles any onboarding processes that are required for students to participate in any of the above-mentioned events.

- National Primary Care Week Chair (1) – The national primary care week chair is responsible for organizing and planning the events – workshops, activities, and lunch talks – that occur during National Primary Care Week each fall.

- Treasurer (1) – The treasurer is responsible for keeping accurate records of all financial matters, applying for funding through MCW's Student Affairs and submitting the proper reimbursement forms, finding scholarships through the American Academy of Family Physicians and Wisconsin Academy of Family Physicians. The treasurer also co-signs all checks with one or both co-presidents.

STRONG MEDICINE FOR AMERICA

New board members are elected in January following a written application process and a majority vote of the current board. There is then a 2–3-month transition period where current board members train new leaders on their positions, hold multiple transition meetings between board members and faculty advisors, and slowly increase new board member engagement with planning and hosting upcoming events. New board members take office fully by April and serve for a period of one year.

Membership is open to any medical, pharmacy, graduate, or special MCW student who is interested in family medicine and membership is defined as participation in at least one FMSA event. We take attendance at every event to track participation. This year we have had 71 students participate in at least one FMSA event, in addition to 12 resident physicians and 14 faculty physicians.

Goals

MCW's Family Medicine Student Association's (FMSA) mission: To promote the values and philosophy of Family Medicine to the students of the Medical College of Wisconsin and to others within our community. We aim to increase students' awareness of the field of family medicine, provide educational and career resources, and offer opportunities for members to become involved within the community and the profession.

Faculty Advisor

Faculty advisors support FMSA by providing:

- **Guidance and Mentorship:** Faculty advisors lend their expertise and experience to help FMSA leadership create interactive and educational events for MCW students. Additionally, during board transition faculty advisors help mediate conversations about the previous academic year and goals for upcoming programming.
- **Networking Opportunities:** Faculty advisors leverage their professional networks to help students connect with potential mentors and collaborators in the field of Family Medicine. They also help create opportunities for FMSA students to interact and network with leaders within Family Medicine (e.g. WAFP leadership, practicing Family Medicine doctors).
- **Professional Development:** Faculty advisors support students in building key skills necessary for success within the practice of Family Medicine by leading workshops (e.g. the Research in Family and Community Medicine Lunch Talk).

Programs

Family Medicine Meet and Greet

This Meet and Greet provided MCW students with the opportunity connect with Family Medicine residents and faculty in a casual setting and learn about Family Medicine residency, lifestyle, job prospects, and more. This Meet and Greet event was introduced to the programming for the 2023-2024 academic calendar, and was a great success with faculty, residents, and students connecting over food, ice-cream and live music. This was especially a great opportunity for first year students to be introduced to the Family Medicine in a low-stakes environment. FMSA will continue to host a Meet and Greet event in the Fall semester to support the fostering of connections early in the school year.

What is WAFP?

New programming designed to introduce students to the Wisconsin Academy of Family Physicians (WAFP) and American Academy of Family Physicians (AAFP) early on in their academic careers. This event was primarily attended by first year students with an interest in Family Medicine in some capacity. The WAFP Deputy Executive Director, Brandon Wimmer, spoke with students about the WAFP, their mission, how the WAFP supports students interested in Family Medicine, and how students can get involved. Additionally, resources to join the AAFP and WAFP as student members were shared with participants.

Overall, the event was a success and introduced interested students to key resources for exploration of the Family Medicine specialty. The event will be a regular staple to FSMA's programming as our organization believes that the WAFP and AAFP are invaluable resources for students to have when exploring Family Medicine.

Primary Care Week

During Primary Care Week, FMSA held three events:

1. Family Medicine Resident Panel: Residents in local Family Medicine programs spoke with participants about residency interview, their respective Family Medicine training programs, and general tips and tricks for medical students. Students also had the opportunity to ask their questions about choosing how to find the "right" residency program and explore different focuses of Family Medicine.
 2. Family Medicine "Speed Dating" Event: During this event students had the opportunity to learn about the many career paths available to Family Medicine practitioners through short, informal meetings with Family Medicine physicians. Areas of focus included: Addiction Medicine, Geriatric Medicine, LGBTQ+ Medicine, Maternity Care, Mental Health, Sports Medicine, and Street Medicine.
 3. Family Medicine Procedure Workshop: During this workshop Family Medicine faculty and resident taught student how to perform various procedures and exams commonly practiced in Family Medicine clinics. Procedures included: pelvic and prostate exams, infant physical exams, IUD insertion and removal, knee injection, and OB ultrasound and crown rump length. Students reported greatly enjoying the experience and learning new skills.
- Overall, FMSA achieved our goal of Primary Care Week: To provide networking and learning opportunities for students interested in Family Medicine and Primary Care. Additionally, FMSA was happy with turnout to the events on both the student-side and the faculty-side, and will continue explore avenues to facilitate networking and learning opportunities during Primary Care Week during the next academic year.

Community Service Opportunities

Repairers of the Breach: Repairers of the Breach is a free clinic care that provided care for underserved populations in Milwaukee, particularly to community members who are homeless. FMSA members worked along Family Medicine physicians to provide high-quality healthcare.

Sixteenth Street Healthy Lifestyles: Sixteenth Street Community Health Clinic is a Federally Qualified Health Center who serves underserved populations, with an emphasis of providing care to Spanish-speaking community members. FSMA members are assisting with a Family Education program that aims to provide preventative care education to the entire family unit. Through these community service opportunities FMSA members gain insight into local

community needs and potential barriers to care. FMSA believes it is essential that future Family Medicine practitioners gain experience working within their communities to better understand the needs of said communities. FMSA will continue to maintain our current partnerships with community organizations as well as seek new community-engaged opportunities to not only serve the Milwaukee community, but to ensure we are contributing to the growth of community-minded Family Medicine physicians.

Research in Family and Community Medicine Lunch Talk

Dr. spoke with predominantly first-year FMSA members regarding the breadth of research opportunities within Family Medicine. Following the lunch talk, FMSA emailed members information regarding Family Medicine and community-engaged research occurring at MCW and encouraged members to connect and potentially find a research mentor. The FMSA members in attendance of the talk reported the talk was highly informative and allow for participants to connect with their current research mentors and PIs. FMSA will continue to host this event in the future, and will take feedback from participants to schedule the event earlier in the academic calendar.

2024 Family Medicine National Conference Workshop

During this hybrid workshop, allows FMSA members to learn from guests (e.g. the AAFP FIMG Regional Coordinator, WAFP representatives, Froedtert and MCW Family Medicine Residency program directors, and medical students in previous attendance of the AAFP National Conference) about the AAFP National Conference. Participants were provided information and tools for navigating conversations and excellent networking in a conference space. Additionally, participants learned about funding opportunities through the WAFP and AAFP to help cover costs for attending the conference. FMSA members reported this event was educational and helped them feel better prepared for the AAFP National Conference in the Fall. As FSMA believes that attending conferences is key for the professional develop of future Family Medicine doctors, we will continue to host this event in the future to ensure our members have the tools to navigate conferences with confidence.

FMSA Bowling Social

FMSA members were able to connect with MCW Family Medicine faculty and residents while bowling and enjoying good food and drinks. The goal of this event was to create a space for FMSA members to interact with Family Medicine physicians without the external and internal pressures of feeling the need to perform and impress. Through events like this, FMSA hopes to cultivate students' interest in Family Medicine and allow faculty and residents to freely share their journeys and pathways. Additionally, we hope to continue to foster and grow our community based on our shared interest in Family and Community Medicine. Overall, this event was a success and FMSA will continue to host social events to create opportunities for faculty and residents to interact with students.