



Family Medicine Interest Group (FMIG) Program of Excellence Award Winners

Categorical Award, First Time Applicant

Medical College of Wisconsin-Green Bay

FMIG Operation

The leadership of the MCW-GB FMIG consists of two co-presidents and a treasurer. These officers make up the executive committee and are responsible for all administrative duties of the club. In our FMIG, the co-presidents have the power to establish and maintain operation procedures of the interest group, call meetings, and answer for all actions of the other officers. They are tasked with the initiation, administration, and coordination of group events, volunteer projects, fundraising, and community outreach. The president also has the ability to vote in all decisions affecting the interest group. Lastly, the president coordinates communication with the dean, student services manager, and other administrative parties.

The treasurer in our FMIG is responsible for the financial operations of the interest group. They are tasked with creating a budget, taking into account funds from the student assembly as well as money that was fundraised, to properly allocate money for the respective interest group activities and initiatives. They are responsible for maintaining access to the bank account and depositing checks from fundraised money.

Goals

MCW-Green Bay's Family Medicine Student Interest Group aims to increase interest in the field of family medicine by coordinating educational and volunteer opportunities to explore the full scope of this field. To fulfill this mission our group focuses on several core values. The first core value is service to members of the community. We also place high emphasis on education about the opportunities within family medicine. Additionally, we value creating environments and opportunities to practice honing medical and procedural skills. Last of all, we have a goal of creating a community and mentorship culture of like-minded individuals.

Faculty Advisor

Our FMIG is supported by the dean of our medical school, who is a family physician, and our student services manager. With their help, our school annually hosts a Wisconsin family medicine residency program question and answer panel. This panel was attended by 35 students at our regional campus of 86 students, sparking interest in the field, dispelling common misconceptions of primary care, and answering various questions. Otherwise, the rest of the events that our FMIG holds are organized and executed by the FMIG leadership, with their support if needed.

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Categorical Projects

Prescription for a Healthy You Event

Throughout the COVID-19 pandemic, many of our school's FMIG club's activities were sidelined. This last fall we were proud to bring back an event called Prescription for a Healthy You, partnering with the Wisconsin Medical Society and local Boys and Girls Club. Second-year medical students and the FMIG leadership traveled to our local Boys and Girls Club to teach youth about healthy living through activities on mindfulness, physical activity, and healthy eating. We partnered with our school's New Doc Interest Group to bring organs from the anatomy lab in order to teach the children about the various body systems. It was gratifying to use knowledge and skills learned throughout medical school to develop a program and curriculum to teach kids how to make healthy choices in their own lives. Interacting with children of different age groups required us to refine the style in which we taught material to best adapt to their respective learning levels. One child was eager to practice mindfulness through meditation as he had found it useful to calm himself in prior situations. Others were excited to learn how combining fruits and vegetables could make a tasty, as well as healthy, smoothie. Through this opportunity, we hope that the children were inspired to be excited about learning and further educate themselves about how to make smart choices for their health.

Altrusa Hospitality House Meal Heros

As a part of our mission statement, the FMIG at MCW-GB wishes to engage in community service as well as encourage students to be community physicians. We set up a new recurring volunteer experience for MCW-GB students with the Meal Heroes program at Altrusa Hospitality House, an opportunity allowing students to prepare and share a meal with the house's guests. The Altrusa Hospitality House is a non-profit hospitality house that offers a place to stay for patients, and their family members, receiving medical treatment in Green Bay hospitals. This resource is available to patients receiving a wide variety of medical care, including care in the ICU, PICU, NICU, oncology, etc. This opportunity has proven to be an excellent way to connect with, and be a source of support for patients in our community as well as learn from their invaluable patient experiences.

One patient that we served was staying at the Altrusa House because her husband was in critical condition following an infection that had led to limb amputation and coma. She lived in a small community several hours away from the level of hospital required for his care. She opened up and shared how she was doing through this challenging time, but also lit up when talking about their life together, their home, and various pets, that she dearly missed. At the end of the meal, she profusely thanked the group for providing a tangible need through the dinner, but also giving her a chance to take her mind off of the heaviness of her husband's hospitalization. Many students who volunteered with our FMIG for this event expressed that this opportunity was one of the most meaningful ways to spend their time volunteering, and left many other students reminded of the necessity for compassion in medicine. We are proud that this volunteer experience has left our club members with a reminder of why we pursue medicine and provided a sense of connection to the people/communities we serve.

Inpatient Procedures Clinic

Our FMIG was pleased to partner with the Monroe Family Medicine Residency located in Southern Wisconsin for an inpatient procedures clinic. This event offered an opportunity for all

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medical students to gain or practice the skills of central and PICC lines. There were students represented from all of the classes at this event. For first-year students, this was a chance to learn a technical skill when they were otherwise focused on learning the basic sciences prior to clerkships. For second and third-year students at our three-year primary care-focused campus, it was helpful to practice these skills again, bolstering confidence for when the opportunity arises in the hospital setting in the future. At this procedure training clinic, students were specifically taught about and able to practice how to place a central line and PICC line. The physicians from the Monroe Residency walked through a presentation detailing how to do this, providing helpful information on selecting the right materials, describing the anatomical landmarks necessary for a successful operation, and cautioning on mistakes to avoid. Through this event, students also learned about opportunities within family medicine to train and manage patients in the inpatient/ critical care setting. Many students remarked that they were unaware of this possibility before this event and were excited about what they had learned. We hope to host future events like this one that demonstrate the wide range of opportunities within family medicine and continue to excite incoming students about the wide scope of practice offered within the field.