



Family Medicine Interest Group (FMIG) Program of Excellence Award Winners

Overall Award

University of Texas Medical Branch Galveston

FMIG Operation

The UTMB FMIG chapter consists of student officers, a faculty advisor, and a staff coordinator. The student officers, advisor, and coordinator meet at least once per month for an officer meeting to discuss recent and future events.

There is also one public event for FMIG members each month. Listed below are the student leader roles and responsibilities:

President

- Set agenda and preside over all FMIG Officer and General Meetings
- Oversee all FMIG events, delegate event planning to representatives
- Coordinate Family Medicine Residency Fair by setting a date, inviting programs, reserving event space, advertising the event, and collecting donations for raffle
- Apply for grants and other funding sources to support FMIG

Vice President

- In absence of president - Set agenda and preside over all FMIG Officer and General Meetings; oversee all FMIG events, delegate event planning to representatives
- Coordinate Strolling Through the Match event in August - set date, reserve a room, invite Texas residency programs, order food, advertise event, monitor RSVP list
- Assist in Coordinating Procedure Workshops (fall and spring semester) - set date, reserve room, order food as needed, monitor RSVP list
- Coordinate End of the Year Match Banquet in April - set date, oversee food selection, plan thoughtful gift for faculty advisors

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AAFP Coordinator

- Attend AAFP National Conference
- Fundraise for National Conference - Apply for SGA and TAFP travel funds, solicit donations from family medicine faculty
- Recruit rising MS2 and MS3 students interested in FM to attend conference
- Attend semester conference calls
- Answer AAFP e-mails and handle all AAFP correspondence

TAFP Coordinator

- Represent UTMB at the FMIG Network which will meet virtually a few times a year and be a conduit to share information on TAFP conferences, funding opportunities, and new resources, with students at their school.
- Serve as point of contact for the local Galveston TAFP chapter

Recruitment and Social Media Chair

- Responsible for reserving and running table at Welcome Weekend
- Responsible for reserving and running table at Residency Fair
- Keep FMIG Member Directory updated
- Responsible for AAFP and TAFP membership submission
- Coordinate social media posts and engagement
- Make or arrange for flyers/advertisements for each FMIG even

Reproductive Health Workshop Coordinator (Spring Semester primary responsibilities)

- Coordinate the Women's Health Workshop in conjunction with OGSS Officers- set date, reserve room, advertise event with social chair, monitor RSVP list, gather necessary models and supplies, help with set up and cleanup (with other officers)

PCP at the PCP Coordinator

- Coordinate PCP at the PCP event during Primary Care Week (usually October)
- Set date, reserve room, advertise event with social chair, monitor RSVP list, purchase prizes for raffle, order food, help with setup and cleanup (with other officers)

Cyst Excision Coordinator (Spring Semester primary responsibilities)

- Coordinate the Cyst Excision event in the spring
- Set date, reserve room, advertise event with social chair, monitor RSVP list, purchase prizes for raffle, order food, help with setup and cleanup (with other officers)

Community Service Coordinator

- Collaborate with Flu Vaccine Outreach Coordinator on annual flu vaccine drives, training, and grant writing

- Coordinate Halloween Carnival game (reserve booth, advertise event, set up and run carnival game) and Annual Helping Hands event in the spring (organize donation boxes, check regularly, and distribute donations to Luke's Society)
- Coordinate other volunteer opportunities that arise

Flu Vaccine Outreach Coordinator

- Coordinate administration of vaccines at Luke's Society, GCC, St. Vincent's Health Fair, and other Galveston community site locations
- Collaborate with Community Service Coordinator on applying for the TMA vaccine grant, training volunteers, and securing funds from other sources, if need be
- Collaborate with other student organizations in the administration of vaccines at various events

Year Representatives (2 representatives for every year in medical school)

- Oversee 2 Monthly Meetings: Take pertinent notes, send out an updated newsletter to members following meeting, and send out actionable items to other officers following meeting.
- Attend as many FMIG events as possible, helping with setup and cleanup

Goals

Family Medicine Interest Group (FMIG) at UTMB is an active and engaged student group that shares the passion and fulfillment of Family Medicine, provides resources for students, professional skill development, and opportunities for service. With the variety of events, presentations and projects hosted and run by FMIG, medical students from all years are exposed to the wide breadth of practice offered by Family Medicine.

Goals:

1. To inform students about the opportunities and scope of Family Medicine
 2. To teach students skills that will be vital in their training towards a career in Family Medicine
 3. To facilitate students' education and career for those that are interested in a career in Family Medicine
 4. To be visible and active on campus and in the community through service and education
 5. To reach out to medical students through multiple events to showcase the scope and opportunities of Family Medicine
 6. To connect FMIG members to residents and faculty involved in the field of Family Medicine- Provide an inclusive and diverse community of students that are passionate and excited to engage in the career of family medicine.
- Foster creativity by participating in research modules to advance innovation in Family Medicine.

Faculty Advisor

FMIG Faculty Advisor Role:

- Advise and collaborate with student officers to develop and host events
- Assist with obtaining funding for projects and events
- Facilitate a close working relationship with the department to engage participation in events
- Provide academic guidance to students interested in Family Medicine

FMIG Staff Coordinator Role:

- Assist with administrative functions such as booking rooms, ordering food for events, sending out meeting invitations and requests, and ordering supplies as needed
- Provide support at events and all FMIG sponsored initiatives

Programs

Women's Health Workshop

The two hour workshop consisted of seven stations that included Cervical Dilation, Pelvic Exam, IUD Insertions, Nexplanon Insertion, Breast Exams, Vaginal Delivery, and Sonosite Instruction.

Each station was facilitated by either faculty or residents from the Family Medicine or Obstetrics and Gynecology departments, allowing for a great number of experienced instructors. This year

marks the third year of this workshop and our collaboration with the OBGYN Student Society. This year we had 13 instructors and 37 students, for a ratio of 1:3 instructors to learners. The workshop is aimed at exposing first- and second-year medical students to the basics of women's health procedures, given that many students have not previously had the opportunity to develop some of these skills prior to clinical years. In addition, the workshop also served to demonstrate the wide diversity of women's health procedures that are readily within the scope of Family Medicine.

Because the event focused on women's health, we held a toiletry donation drive to benefit the Resource & Crisis Center of Galveston County, Inc. (RCC). When the invitation was sent to the medical school classes for the event, it included a request for the students who were planning on attending to bring toiletry items to donate to the RCC. We received around 30 toiletry items to donate. Prior to rotating through their first station, students completed a pre-quiz assessing core topics of knowledge for each station and repeated the quiz following the completion of the workshop. There was a marked improvement in students' quiz scores following completion of stations, indicating that students were able to learn and retain information pertaining to the procedures at hand.

In comparison to the previous year, several stations were removed from the schedule to allow for longer lengths of time at specific stations such as vaginal delivery and the Sonosite station. We made these changes based on requests for additional time at each station that were made by students following last year's Women's Health Workshop. In post-quiz surveys, students

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reported they enjoyed the Sonosite station the best, given the wide applicability of ultrasound skills. We also chose to redo our cervical dilation model this year, choosing to build more sustainable models out of Tupperware, foam, and softballs, that could be used for several years in the future and would allow for more in depth training in other family medicine ob/gyn procedures. In previous years we had used oranges for cervical dilation but decided we wanted to have a more sustainable option moving forward.

The workshop was well-received and students had a very positive experience. For the future, we look to continue to gain access to additional training materials—such as reusable Nexplanon testing models—so students are able to have more realistic procedural training.

FMIG at UTMB Helping Hands Vaccine Drive

The FMIG at UTMB Helping Hands Vaccine Drive is held annually in the Fall over several vaccine clinic events for the underserved and unhoused communities in Galveston, Texas. During these clinics, students utilized skills gained from our required training session to obtain informed consent, provide community members with vaccine information, answer questions about vaccine myths, practice motivational interviewing, and administer influenza vaccines and patient surveys under the guidance of our faculty advisor. Approximately 196 vaccines (44.2% more than last year) were administered by FMIG student volunteers with a remaining 24 vaccines being donated to St. Vincent's House, a free student run clinic, where they were distributed.

We continued our third year of collaboration with the Latino Medical Student Association (LMSA) and Frontera de Salud (FdS), an interprofessional organization comprised of medical, nursing, and occupational therapy students, to train volunteers and administer vaccines at a number of sites throughout Galveston, TX. A new addition to our collaboration this year was the TMA/AMA student organization at UTMB. Teaming with these organizations allowed FMIG to put on our largest drive yet, reach a greater number of individuals, and allowed for greater translation capabilities, given that many volunteers were able to offer Spanish translation to community members.

This event usually appeals to first- and second-year medical students who are eager for real patient interactions. However, this year we had a more prominent interprofessional collaboration due to many FdS volunteers being nursing students. Thus, this year our drive created many opportunities for students to gain interprofessional experience as well as the opportunity to practice a procedure while employing motivational interviewing skills to address vaccine hesitancy.

Students were required to complete a vaccine training prior to participating in the events. A total of 84 students were trained from the four organizations over the course of 3 trainings. Of these students, 48 participated (240% more than last year) in the vaccine events. Community partners and sites of administration included Luke's Society, Holland House (low income housing for people living with disabilities - a new site this year), St. Vincent's House, Grace Clinic at Galveston Central Church (primarily for the unhoused population), and La Michoacana (a local grocery store).

Over the last 4 years, FMIG has applied to and received \$3500 dollars annually in grant money from the Texas Medical Association and has received additional funding and donations from the regional Texas Academy of Family Medicine (TAFP) chapter to organize these events. This year the TAFP donated 50 vaccines and winter clothing for students to pass out for free at the vaccine clinics. Members of the community who receive the vaccines are generally very thankful and appreciative of the program. These clinics have become an established event in the community, with many members returning each year to get their free flu vaccine. These events also give medical students the chance to help different underserved populations (low socioeconomic, unhoused, and Latino communities) while working interprofessionally toward a common goal.

In the future, we hope to continue developing relationships with existing and new community partners, collaborating with other student organizations to further expand student volunteer numbers, and promoting opportunities for interprofessional education and collaboration. We are also interested in adding to our data collection from the patient surveys to see the longitudinal impact of our program. Lastly, many patients asked if we were offering other vaccines like the COVID booster, so this is a future area of exploration. As we continue to host these events annually, FMIG grows its presence and relationship of trust with the Galveston community.

PCP at the PCP

The PCP at the PCP event is an annual skills workshop held in the fall that equips students with knowledge and skills of common procedures within the scope of Family Medicine. The event is targeted for first-, second-, and third-year medical students to demonstrate the wide range of procedures that are within the scope of Family Medicine. The workshop originally contained several women's health procedures; yet due to the popularity and variety of women's health procedures, three years ago those topics were expanded into a separate workshop that is now offered in the spring. This year, the PCP at the PCP had six stations, lasting for approximately 20 minutes each. There were 13 instructors and 60 students for a ratio of 1:5. Students had the opportunity to learn, practice procedures and socialize with Family Medicine residents and faculty.

This year's workshop included suturing and knot tying, a variety of dermatology procedures including shave and punch biopsies, acupuncture, splinting/casting, joint injections, and toenail removal. Emphasis was placed on the indications and pitfalls of each procedure. The event was well attended and attendees were complimentary of the flow and organization of the stations.

One of the more popular stations continued to be the acupuncture station, which many students did not realize was a treatment modality within the scope of Family Medicine.

Students who completed the pre and post quiz survey over the procedures including the techniques, indications, and things to look out for while performing the procedures were entered into a drawing for 3 door prizes. The majority of students tested better on the postsurvey compared to the pre-survey, indicating that students were actively participating and

retaining the information during the activity. Per last year's surveys, we added easier to eat snacks for students during the rotation, as the activity normally occurs at night during dinner.

For next year we are hoping to replace our toenail removal models, which have been used for several years and are in need of replacement prior to next year's workshop. We are currently considering making our own models, having seen them modeled at previous AAFP workshops, or considering purchasing new models, if possible. Students have also suggested more robust suturing and knot tying materials. Currently we use bananas for the suturing and knot tying station but are considering investigating other options for students to attempt more realistic suturing.

Family Medicine Speaker Series

The Family Medicine Guest Lecture Series invites primary care veterans and visionaries to deliver a talk for our FMIG members at UTMB. This is a semi-new lectureship that we started last year and have grown steadily this year. For our first event of the series, we hosted Dr. Kristy Edwards of San Angelo, TX as she discussed her insights in working in rural medicine in West Texas. Dr. Edwards has practiced in Family Medicine for 21+ years across a range of settings and had many unique insights to offer. She discussed many of her accomplishments and struggles as she transitioned from army medicine into civilian life, from suburban practice into very rural practice. She spoke specifically about her experiences as a mother and how she has worked to balance her career with her family and the joy it has brought her. She discussed how she is now working to start a new family medicine residency in San Angelo and offered unique insights into the changes she has seen in family medicine and the exciting future she hopes to impart on young learners. Students were able to engage and ask Dr. Edwards about her life experiences and gain advice as they headed into family medicine. In addition, students were able to ask questions about what her experience had been as a new residency director and the vision for her program. We had approximately 8 attendees at the event.

For our second event of the series, we worked with the Marketing in Medicine group at UTMB to host Dr. Aaron Polk of Nacogdoches, Texas to discuss insights from his 45+ years of practicing primary care in a rural area at his own private practice. Dr. Polk highlighted his diverse and broad scope of practice, the need for physicians in rural areas, and the realities of working in lower-resource areas. Additionally, he offered encouragement to students who were interested in private practice, as well as some tips about how to operate a financially successful and emotionally rewarding practice in the contemporary healthcare market. There were 15 attendees.

We have enjoyed having speakers, as they are a unique opportunity for medical students to have a glimpse of which career decisions become most salient as they progress through their medical careers. Altogether, the events were a great way for our members to learn directly from Texas family physicians who practice in different areas of the state to gain a unique perspective on what one approach to Family Medicine practice can look like. For next year we look forward to continuing having speakers from both UTMB and outside UTMB come to speak on their experiences in Family Medicine and how they have arrived at their path. We hope for students to have a wide variety of mentors and physicians to discuss their paths and myriad

opportunities available to them in family medicine.

Strolling Through the Match

Strolling Through the Match is a meeting that educates students on the Residency Match process. While the event is more geared toward those applying to Family Medicine, it is still beneficial to any student unfamiliar with the match process, and we consistently have students who are interested in other specialties attend our event. The goal is to give students the tools they will need to apply for Family Medicine Residency and answer questions about how to present yourself as the strongest possible candidate. We host program directors from UTMB and other residency locations, program coordinators, and recently matched residents on a panel to answer questions concerning the entire application and match journey.

FMIG leadership connects with potential panelists, invites students (typically fourth-year medical students who are beginning to work on their residency applications), and organizes the event. The FMIG President and Vice President act as moderators for the event so that everything runs smoothly. This past year, 4 programs were panelists with 1-2 residents per program and 14 students attended this virtual event.

Students who attend the event received the following:

- A discussion on the variety of Family Medicine Residency Program options in the state of Texas
- Advice on how to create a strong ERAS application and personal statement
- The do's and don'ts of interviewing
- Information on how to obtain AAFP Match Literature
- Advice about signals
- Discussion about second looks and virtual interviewing

This event was born from the "Strolling Through the Match" booklets provided by the AAFP. This year, students also received advice on the role of signaling in the match, since it was a new feature this year. In addition, students were also given advice on how to navigate online interviews, whether interviews would continue online, and how second looks may aid a student's decision in a program. In an effort to increase program and resident accessibility to the program, we maintained the event in an online format. The event had strong attendance and a high level of audience participation, which was aided by the chat bar feature on Zoom so students could ask questions directly to a moderator who presented them to our organized panel.

Cyst Excision Workshop

The Cyst Excision Workshop at UTMB is a skills-procedural workshop that has undergone many changes in its evolution to what it is today. Initially it started as a component of the primary skills workshop we annually host, the PCP@ PCP and also served as a take home activity with virtual instruction during COVID. This year, the workshop is a freestanding workshop that occurred in person at our primary care pavilion. The workshop consists of students receiving a chicken breast containing multiple realistic artificial cysts and an excision

kit that is used to complete the simulated cyst removal. The chicken breast models with the artificial cysts are custom-made by our FMIG in preparation for the event. Fourth-year medical students, Family Medicine residents and faculty taught preclinical students (primarily first- and second-year students) in proper preparation and technique for cyst excision. The fourth-year students gained skills teaching junior students in preparation for their new roles as interns.

The workshop provided a comprehensive approach to this common skin concern and started with discussion of differential diagnosis for subcutaneous mass, indications for cyst excision, procedure consent and risks, sterile technique, local anesthesia, cyst excision and suturing technique. Wound care including packing and post procedure do's and don'ts was also included.

Students were able to perform three cyst excisions and gain valuable hands-on experience in a small group setting. Students were encouraged to take home the instruments from the excision kit for future practice. Notably, students were able to practice suturing following the cyst excisions, which is a skill that first- and second-year medical students often request additional practice in and 4th year student instructors also valued this opportunity to refresh their skills before internship.

The event was well received by students, and participating students were eligible to win raffle prizes. This year we had 8 attendees. Students generally reported they gained skills and experience that they felt was beneficial to their future careers. There were 1-2 instructors per table with 3-5 students at each table, allowing for plenty of face time with instructors. This year we had better organization for cyst excision prep prior to the workshop, including having a greater number of volunteers to help create the cysts over two days prior to the workshop. This removed some of the burden from the cyst excision workshop coordinator and faculty advisor and allowed for more students to learn how the models are made. In conclusion, the cyst excision workshop was a success, and we look forward to having it continue to be an independent workshop primarily taught by 4th year FMIG students.

4th year planning and tips series: Tales from the Interview Trail and Advice for 4th years

Peer to peer relationships are some of the most influential relationships made in medical school, and successful peer to peer knowledge exchange is especially critical when explaining and guiding fellow students how to match into a residency program. Medical students greatly appreciate information from older students, as they feel that those students have teachable wisdom from their experiences. While our FMIG strives to constantly develop these relationships, we have two events we have worked to serve our rising 4th years as they embark on 4th year and residency applications.

Our most established event is Tales from the Interview Trail, where FMIG officers convene a panel of fourth-year students who recently matched into Family Medicine. Students representing various individual circumstances and goals are recruited so the panel is able to appeal to a broad number of students who are about to begin the residency application process themselves. Panelists will have matched in state, out of state, military matched,

couples matched, or rural matched, and some have spouses and children, providing a diverse panel that can relate to all interested students in the audience. With virtual interviews still being offered from a majority of programs, the fourth years also shared information that included conscientious zoom etiquette, when to schedule interviews, how to make an impression over Zoom, the number of interviews that are recommended, and a host of other tips to traverse the virtual interview experience. This event has grown over the years due to the increasing competition for residency spots. Passing along experience-informed information to students in lower classes is more critical now than ever, and the panel of matched students makes sure that the audience is able to have as much preparatory knowledge about interviews as possible. This year we had 4 panelists who were heavily involved in FMIG and was attended by 7 students. This year's panelist to student ratio was 1:3. A recording of the seminar was also made available to students who were unable to attend during the scheduled event time.

Thus, Tales from the Interview Trail is organized and facilitated by the President and Vice President for rising fourth-year students. At this event, we try to invite individuals who have been involved with FMIG at UTMB over the years, so the audience recognizes familiar faces and feels more connected to the panelists. This event is highly regarded based on its emphasis of an informal discussion between peers, which helps attendees feel comfortable and heard.

Our second and newest event this year was the Advice for 4th Years, which was held via zoom for the convenience of students. This event precedes the Trails from the Interview Trail event as it discussed strategies and optimization for choosing a 4th year schedule that best fits what each student wants. Organized by 3rd year FMIG officers, the event consists of a panel of 4th year students who are able to give their insight to selecting acting internships, applying for aways, useful electives to complete during 4th year, advice on seeking letters, starting personal statements, and general recommendations as to which months of 4th year are the most important to plan. This event happened earlier in the year, shortly after 3rd years received information on how to start planning their 3rd year from the school. Many of the students found the panel to be extremely helpful, as it helped answer questions about whether it was important to do aways, and helped to clarify many of the details of planning for 4th year that are more specific to family medicine residency.

There was a useful presentation by the panelists as well as robust discussion between panelists and students about what to plan for the upcoming year. This year's event had 7 panelists who were heavily involved in FMIG and was attended by 11 students, for a nearly 1:1 student ratio.

It allowed for many experiences to be shared, giving students many ideas of how their 4th year could be organized. The recording was also made available for students after the event for those who were not able to attend. As residency continues to become more and more competitive, even for Family Medicine, it has been valuable to have resources and information to turn to when natural questions about planning arise. These events have been well received by students in the past and have served as a fantastic way for 4th years to share some of their hard-won knowledge with the class below.

Family Medicine Residency Fair

Every year, our FMIG hosts a residency fair intended to begin the conversation with students about their options for residency. Each program set up a booth at the Jamail Student Center, and students were able to talk with residents and program directors about their specific program, its defining characteristics, its primary patient populations it serves, and its top strengths. The event was geared toward third- and fourth-year students who are close to deciding their specialty, but we were excited to have first- and second-years attend the event too, as it provides them with early contact with Family Medicine programs they otherwise would not have exposure to. The programs had items to hand out to students, providing even more incentive to attend this helpful event.

This was our second year to return to in-person format which afforded both students and program representatives a human interaction with more engaging conversation, which was a refreshing change from the prior years of virtual format due to covid. During the years of virtual format, the booth fee was waived. As this is our only fundraising event during the year, we were pleased to have 13 Texas Residency programs attend our fair in August 2024 and 33 students attended the event. Out of all students from UTMB who matched into a residency program in 2024, 11% matched into Family Medicine which was the second most matched specialty at our school.

Booth fees from this fair support all our other event programs including supplies and materials for workshops that we cannot get donated, snacks, FMIG T shirts, door prizes, gifts for guest speakers, and sandwiches for officer meetings. In addition, with the proceeds we host the Senior Recognition Dinner and Officer Induction Ceremony each March. Each senior present is honored and receives the book Pfenniger and Fowler's Procedures for Primary Care. Each new officer is introduced and receives the AAFP Choose Family Medicine pin to proudly wear on their white coat.

New this year we hosted a virtual professional development event a few days prior to the fair - Electronic Business Card Tutorial. Our FMIG officer guided students through the process of creating the card which included their name, medical student year, school name, hometown, contact information and a profile picture with a photo of our school as the background.

Residency booths scanned the QR code from student phones. The residency programs were impressed with the ingenuity of students and grateful to have an electronic record of who they talked with for ease of reference and reaching out in the future.

Also new this year we gave MS3 students attending the fair the book, Write it: The NRMP Personal Statement Workbook and MS4 students both Write it and Getting In: How to Stand out from the Crowd and Ace your Residency Interview. Both books are by Myers R Hurt III, MD who was a former faculty member.

The goals for the resident fair are:

- Students see the variety of family medicine residency programs from Texas and surrounding states.
- Students chat with current residents from family medicine residency programs about their experiences at their program.
- Students meet residency directors and program coordinators from family medicine residency programs and talk about opportunities, curriculum, and life at their program and advice on

applications to their program.

- Students considering doing away rotations get to speak to representatives of the programs they are interested in and learn about what rotations at their institutions would entail.
- Students who are considering family medicine see the scope and variety of training offered in family medicine.
- Students see the family medicine fellowship opportunities offered at a variety of family medicine residency programs.

FMIG Bingo Grab Bag

The FMIG Bingo Grab Bag is an opportunity for FMIG to recruit new members during the META: Mindfully Evolving, Thriving & Advocating course that all first-year students complete prior to the start of medical courses. Students are able to sign up for "Grab Bag" events which are specifically tailored to introduce students to various organizations on campus and allow for skills development, knowledge about organizations, and ways for students to become involved in the coming school year.

This year's FMIG Bingo event was composed of two major activities: learning how to take blood pressure and heart rate using manual blood pressure cuffs and an interactive Bingo panel with current UTMB Family Medicine Residents. This activity was designed to help students prepare for OSCEs in their Practice of Medicine course as well as for clinical volunteering opportunities in which they are asked to take a manual blood pressure. Students sat at tables with Family Medicine residents and FMIG officers, where they participated in an interactive presentation on hypertension delivered by our Vice President. During the presentation first-year students are introduced hypertension, a commonly managed illness in Family Medicine, and relate it to the procedural skill of taking a manual blood pressure. Students were instructed to bring stethoscopes if they had them, but additional stethoscopes were provided. Blood pressure cuffs were provided by FMIG for use during the event, and students took turns practicing manually taking each other's blood pressure under the supervision of FMIG leadership and Family Medicine residents.

After the practice session, each student was given a Family Medicine Bingo card with topics related to Family Medicine in the Bingo boxes. A panel of Family Medicine residents answered questions for students and the residents' responses were used to complete the Bingo sheets. This year we updated some of the Bingo cards to include more relevant topics related to Family Medicine scope and practice opportunities. Prizes were awarded to the Bingo winners.

The event was well-attended and much appreciated by students. There were 21 learners and 12 student/resident instructors for about a 1:2 ratio of instructors to students. It offered first-year students early exposure to FMIG at UTMB as well as provided opportunities for skill development and networking with upperclassmen. For the future, we will continue offering a Family Medicine event at the beginning of the school year for first-year medical students, but we are currently looking to update it to a different applicable skill and name since the META course is being removed from the curriculum. We also plan to create more opportunities for first-year students to become involved in Family Medicine, so we can continue to grow our FMIG membership and educate students about Family Medicine before their third clinical year