

Letters to the Editor

Gender Bias and Pay Disparity in Medicine

To the Editor: In this Graham Center Policy One-Page, Walter and colleagues state that evidence does not show that gender pay disparity is because female physicians “elect to work fewer hours or...are less productive than their male peers.”¹ Yet, they reference the Ganguli and colleagues study, which shows exactly those findings.² This study of more than 24 million office visits, by far the most rigorous and objective look at gender pay differences, found that women work fewer hours than men, see fewer patients per hour, take longer to see the same number of patients, and bill at lower levels for comparable patients.

Most physicians are paid based on relative value units or another productivity measure; thus, there is no structural pay bias by definition. Has anyone ever seen a productivity-based contract that differs between men and women?

The authors perpetuate the myth that gender bias explains salary disparities between male and female family physicians but miss an opportunity to pose an important question. Should physicians be reimbursed based on time rather than volume of patients seen? Several studies show longer visits with female physicians utilizing preventive care metrics result in better outcomes.³⁻⁵

Gender bias in medicine likely exists as a cultural and communication reality and a leadership impediment, but there is little, if any, structural reimbursement bias in medicine, which relies almost exclusively on productivity measures. It is time to retire this tired trope.

Kevin C. Kelleher, MD

Roanoke, Va.

mtnd0c@aol.com

Author disclosure: No relevant financial relationships.

REFERENCES

1. Walter G, Siddiqi A, Huffstetler A. Female family physicians may earn \$1.8 million less than male peers over a lifetime. *Am Fam Physician*. 2023;108(4):346-347.
2. Ganguli I, Sheridan B, Gray J, et al. Physician work hours and the gender pay gap — evidence from primary care. *N Engl J Med*. 2020; 383(14):1349-1357.
3. Frank E, Harvey LK. Prevention advice rates of women and men physicians. *Arch Fam Med*. 1996;5(4):215-219.
4. Lurie N, Slater J, McGovern P, et al. Preventive care for women. Does the sex of the physician matter? *N Engl J Med*. 1993;329(7):478-482.
5. Kim C, McEwen LN, Gerzoff RB, et al. Is physician gender associated with the quality of diabetes care? *Diabetes Care*. 2005;28(7): 1594-1598.

In Reply: Thank you for reaching out. To clarify, female physicians generate less annual revenue under volume-based payment

models. The Ganguli and colleagues study¹ directly challenges the previously held belief that the gender pay disparity is due to “[working] fewer hours or...[being] less productive.” They found that female primary care physicians “spent more time with patients per visit, per day, and per year” than their male counterparts, which “translated into more time in direct patient care per day and per year.”¹ We cited several examples of how the gender wage gap persists, even after controlling for productivity and billing differences, among other variables.² We assert that the metrics for productivity are biased, not that the productivity-based contract differs by gender.

Research supports that alternative payment models can help address the wage gap. A study suggested a “capitation risk-adjusted for patient age and sex [resulted] in a smaller gap.”³ Productivity is a complex concept to measure. The broadest definitions of productivity output are “throughput-focused (eg, number of patients seen), procedure-focused (eg, number of individual health care services delivered), and revenue-focused (eg, financial earning)” approaches.⁴ Extensive research shows that male and female physicians practice differently. Female physicians spend more time with patients than do male physicians, which, as the authors mention, leads to better care. Rather than redefine productivity to encompass this nuance, our health care payment system continues to support only how male physicians practice. This ultimately penalizes female physicians, especially as more women are entering primary care.

We reject the assertion that the underlying root of the gender wage gap is not bias. A fee-for-service payment system benefits the practice patterns of male physicians over female physicians, highlighting the structural bias in our reimbursement system.¹ A 2017 comparison of relative value units for gender-specific procedures matched groups such that “the procedures were anatomically similar” and found that “male-based procedures were compensated at a higher rate than the paired female procedures.”⁵ Women are penalized for being too assertive in salary negotiations⁶ and the gender wage gap persists, despite controlling for factors such as hours worked, region, practice environment, and principal practice activity, indicating bias in the system as a critical element contributing to salary disparities.

Grace Walter, MD

Washington, D.C.

gcw20@georgetown.edu

Anam Siddiqi, MPH

Washington, D.C.

Alison N. Huffstetler, MD

Washington, D.C.

Author disclosure: No relevant financial relationships.

Email submissions to afplet@aafp.org.

REFERENCES

1. Ganguli I, Sheridan B, Gray J, et al. Physician work hours and the gender pay gap — evidence from primary care. *N Engl J Med*. 2020;383(14):1349-1357.
2. Apaydin EA, Chen PGC, Friedberg MW. Differences in physician income by gender in a multiregion survey. *J Gen Intern Med*. 2018;33(9):1574-1581.
3. Ganguli I, Mulligan KL, Phillips RL, et al. How the gender wage gap for primary care physicians differs by compensation approach: a microsimulation study. *Ann Intern Med*. 2022;175(8):1135-1142.
4. Hempel S, Idamay C, Fihn SD, et al. Primary care productivity: findings from the literature and perspectives from a stakeholder panel. RAND Corporation. Published February 17, 2021. Accessed June 4, 2024. https://www.rand.org/pubs/research_reports/RRA703-1.html
5. Benoit MF, Ma JF, Upperman BA. Comparison of 2015 Medicare relative value units for gender-specific procedures: gynecologic and gynecologic-oncologic versus urologic CPT coding. Has time healed gender-worth? *Gynecol Oncol*. 2017;144(2):336-342.
6. Catenaccio E, Rochlin JM, Simon HK. Addressing gender-based disparities in earning potential in academic medicine. *JAMA Netw Open*. 2022;5(2):e220067. ■